

Case Study: The University of Adelaide Team Workshop

At a glance

In July 2023, The University of Adelaide engaged Little Shove mentoring & moving to deliver a team workshop.



"The workshop was a game-changer for us, and we're incredibly grateful for the positive impact it has had on our team."

NICK DRIVAS HEAD OF BRAND & REPUTATION



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THE NEED

Head of Brand and Reputation for The University of Adelaide, Nick Drivas said, "Since this was a new business unit of the marketing group, we wanted to hold a workshop because we recognised the need to enhance collaboration, improve communication, and foster a stronger sense of unity among our team members."

"We believed that a workshop could provide a structured environment for learning and growth, as well as keeping our team motivated."



A half-day Little Shove team workshop was held at an offsite space to enable the team of six to disconnect from the office and be present, engaged and focussed for the duration of the workshop.

THE UNEXPECTED

"What surprised us the most was how quickly our team embraced the concepts and strategies presented in the workshop. The workshop's impact was immediate, and the enthusiasm generated was contagious. The workshop created a comfortable space for everyone to share their thoughts and ideas, which was a significant achievement."



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Little Shove team workshops focus on who we are, what we do, why we do it and how, as individuals, as a team and business to reset, refresh and reconnect with enhanced purpose, motivation and direction.



"We wholeheartedly recommend Little Shove to any organisation seeking to elevate their team's performance and dynamics."

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THE OUTCOME

Nick said, "The workshop exceeded our expectations. Little Shove were skilled at creating a dynamic and interactive learning experience that allowed people to open-up and speak honestly. The interactive sessions and engaging activities kept everyone involved and motivated."



"The main takeaways included improved communication, a deeper understanding of our strengths and weaknesses as a team, and a renewed sense of purpose and commitment to our common objectives."

THE REWARD

Nick reported a noticeable difference in the team since the workshop, with increased collaboration, more open communication, and a greater willingness to share ideas and feedback. "Our team is working more cohesively, and productivity has improved as a result."

"Little Shove's expertise, professionalism, and tailored approach make them a top choice for team development. Thank you, Little Shove, for helping us grow, reaching new heights and thriving as a team!"



Sometimes we all need a little shove